**Community Nursing Research Strategy for Wales**

**Notes of Board Meeting held on the 10th April 2017, 14:00-16:00 at University of South Wales, Aneurin Bevan Building, Room AB115, Lower Glyn Taf Campus, Pontypridd CF37 4DB.**

**Draft: for approval at next meeting**

1. **Present**: Judith Carrier (CU), Joyce Kenkre (Chair CNRS/USW/PRIME Centre Wales), Sue Jordan (Swansea Uni), Louise Lidbury (RCN Wales), Carolyn Wallace (USW)

**Teleconference:** Rhiannon Beaumont-Wood (PHW), Marie Lewis (Powys THB), Angela Watkins (Minutes/PRIME Centre Wales)

**Apologies:** Sue Bale (Aneurin Bevan UHB), Jane Imperato (Cardiff and Vale NHS Trust), Adrian Jones (BCUHB), Maggie Kirk (USW), Greg McKenzie (Cwm Taf UHB), Joanne Pike (Glyndŵr University), Sherrill Snelgrove (Swansea Uni), Michelle Thomas (AB UHB), Sue Thomas (USW), Ruth Northway (USW)

1. **Notes of the last meeting**The notes of the last meeting taken 5th October 2016 were reviewed, no corrections required.
2. **Matters Arising**
   1. Potential of primary care consultant nurse positions being developed across Wales.  
      Relevant for considering how this would link in with primary care workforce plan; refresh plan; and Community Nursing Research Strategy (2013), and how the key elements of research undertaken would align with Welsh Government and CNRS research priorities identified in the research strategy:  
      
   2. Developing principles for community nursing – carried over action from previous meeting:
      1. Further discussion on developing projects to address the future needs of nursing practice and whether CNRS should be at the forefront of this. Consideration should be given to the research projects necessary to conduct (development of a research programme) to ensure community nursing is fit for practice in the future.
      2. Links in with CNRS research theme a) Organisational change and service redesign.
      3. Examples of such research already underway include the evaluation of the age related macular degeneration (AMD) pilots.
      4. It would be helpful to arrange a meeting with the BSC/MSc SPQ Leads / Programme Managers to discuss potential strategic planning of student research projects to address evidence gap in future needs of nursing practice workforce, as agreed by leads in the universities and health boards.  
         **ACTION**: Contact leads to set-up meeting (CW/Ceri Jenkins)
   3. JK: The CNRS Board needs to think how we work together across groups and institutions. PRIME Centre Wales encourages cross-collaboration and nurturing the career development of junior researchers by offering opportunities. JK has out a message out to the Cognate group regarding cancer (from diagnosis to treatment, then following treatment). Ideas include preventative treatment for side effects, diet, exercise, music therapy. JK/CW have arranged meeting with WCRC to discuss a programme of research.
   4. PBW: Also helpful to look at a nursing preventative treatment angle; interested in a piece of work looking at health and wellbeing of the profession – what gets in the way of practice? What might help to support nurses? Hoping there will be some funding to support this. How are we to improve the health and wellbeing of the workforce, and improving the work environment? Which area would be helpful to look at? Primary care needs to become more prevention based.

ACTION: To set-up meeting to develop project plan for submission for funding, and consider funding options. Possible to plan a pilot to inform the development of a larger study. Need to think about developing research in primary care and the key issues we need to address in the workforce. Recent work also in developing social capital in communities.

* 1. JK: Important to link the active/planned projects together – important to be aware of research underway to link together/consolidate complementary studies and avoid duplication. Examples of potential collaborations currently in planning:
     1. JK also has been in discussion with Biovici, looking at a cortisol test to measure stress, to prevent going off long term sick.
     2. Sue Jordan is working on a Cochrane Review; Medicines project – published in
  2. PRIME Annual Report 2016/17 and Application for continued funding for 2018-19 currently in development for Health and Care Research Wales, Welsh Government – highlighting the benefits of funding primary care research infrastructure.

CNRS activities.

* 1. ACUITY presentation to WG – to be attended by colleagues in WG.
  2. Focus in next quarter – to develop conference, and take forward report produced by business student to take forward new ideas for CNRS

1. **CNRS Coordinator Update**This quarter’s focus has been on completing existing studies and re-establishing network contacts.
   1. Next quarter:

To review the work undertaken by the business school student in 2015.

To complete publication amendments and submit 1 other for review.

To continue with current studies, meeting planned objectives.

* 1. Network:
     1. Presentation to Royal College of Speech and Language Therapists (March 2017)
     2. FLSE conference posters submitted.
     3. Acuity meetings with Lin Slater (ABUHB) for HV and Paul Labourne for District Nursing updates
     4. WHO primary care paper- led by JK in Wales, CW contributed on Frailty, Inequity and Old Age.
     5. Chair Age Cymru Gwent, attends Age Cymru Chairs meetings every quarter. Discussions with regards to future study on ageing workforce.
     6. Monmouthshire CC managers regarding evaluation of Raglan project.
     7. Prison services in Usk regarding implementation of Mental Health First Aid for prison staff and its evaluation.
  2. Research:
     1. PhD by Portfolio- Angela Caswell Director of Nursing (Middle East) working proposal submission accepted 2017.
     2. KESS 2 MRES Studentship –Both Realistic Evaluation for Calan DVS (not recruited) and NWIS (recruited).
     3. Erasmus study not submitted due to Faculty decision related to funding model.
     4. Continued supervision Mary Grace (Malta), Freya Davies (PhD, Cardiff – intervention for supporting self-care)
     5. Patient safety discussions with Dr Andy Carson-Stevens continue with plans to submit AMD proposal with Dr Mark Davies (USW) and Mr Gareth Williams (Optom Williams & Parry Ltd).
     6. CW- USW agreed to fund Realistic Review and Evaluation training at Oxford University Autumn 2017.
     7. HCRW research refresher training (GCP 3/2/17) and Cochrane systematic review training completed.
     8. Honorary contract/Research Passport requests submitted to Hywel Dda, Aneurin Bevan, Cwm Taf and Powys Health boards (macular degeneration study).
     9. Member HCRW- All Wales Prioritisation meeting attended in February 2017.
  3. Capacity Building
     1. Through using the funding acquired from studies funded 2x posts (Research assistant and research administrator) have been secured, awaiting interview at time of report completion. To work with JK and CW on studies relating to PRIME and the internally led Cognate Group.
     2. GCM training bought for 8 individuals led by Dr Mary Kane, Ithica (USA) at USW.
     3. Cochrane Systematic Review training provided by Prof. Phillip Baker (Australia) at USW.
     4. Site licences for Group Concept Mapping and Rasch analysis acquired for 8 people who completed GCM training. Funded through research monies acquired.
  4. Leadership
     1. Development of Community Health and Care Cognate Group, its strategy and capacity building, USW.
     2. RCN symposium CNRS 5 papers led by JK in November 2016 in CW sickness absence.
     3. Publication peer reviewed for Journal of Patient Experiences, minor amends required, due 1st June. Manuscript title: "*Developing and translating a new model for teaching empowerment into routine chronic care management: An international patient-centred project."*
  5. Current bids

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| **Lead organisation/study lead** | **Name of study** | **Funding state** | **Current situation** |
| PRIME Centre Wales/Cardiff University/ Swansea and USW/Rachel North (CW & JK) | Community Based Age-related Macular Degeneration-Evaluation of Pilot sites in Wales | Welsh Government to fund. | Ethics awaited for Cwm Taf, Data collection in Hywel Dda commenced. |
| NWIS/CW /David Hopkins | CCIS Evaluation | MRES KESS funding agreed £48k | Student Leah Howells appointed commenced 4th April 2017. |
| PRIME Centre Wales/ ABMUHB , Hywel Dda, USW. | FRAIT Phase 2 | WG funding obtained £26k | NHS ethics obtained in December 2016. Study commenced data collection in January 2017 now completed, Hydra test for face validity of new draft complete and report submitted to Welsh Government in Mar-17. Demonstrating how to use end of May-17. |
| SEWAHSP/ CW/Owain Jones/Sue Bale/ Cwm Taf | Care home and emergency care | Financial support for scoping bid from Cwm Taf/ABHB (£1.4k approx.) secured. Owain Jones currently undertaking study | Study currently being written up with support. |
| DEWIS CIL/ ABHB | Evaluation of Gwent Carers Advocacy Project | Two part study (P1 Dewis workshops, P2 student survey project with academic support)£1k to assist in the academic rigour of study, undertake 3 indepth interviews | In-depth interviews complete, currently supervising student report. |
| SEWREC | Evaluation of Women’s Advocacy Service | To support staff in the internal evaluation of the multiagency project £6k | Preparing for USW ethical approval. |
| Prime centre Wales Rhiannon Phillips/ CW | Multi morbidities | Co applicant on grant application HCRW- shortlisted 2nd round. | unsuccessful |
| Multidisciplinary group/cross faculty USW | TENOVUS call | applicant | In planning stage. |

1. **Future projects or collaborations**
   1. See 4.f. for CNRS coordinator activities research.
   2. Information has been requested from the network on current research taking place in community nursing. Information received back from Lynne John, Sue Jordan, Marie Lewis, Michelle Thomas, Carolyn Wallace, Sarah Wallace (see details in document below):  
      
   3. JK: Important to link the active/planned projects together – important to be aware of research underway to link together complementary studies and avoid duplication. Examples of potential collaborations currently in planning:
      1. JK also has been in discussion with Biovici, looking at a cortisol test to measure stress, to prevent going off long term sick.
      2. Sue Jordan is working on a Cochrane Review; Medicines monitoring project.
2. **CNRS Research themes and leads:**
   1. Proposed themes from the Community Nursing for Wales Research Strategy: <http://www.primecentre.wales/cnrs-research.php>
   2. Volunteers for leads needed in each of the themes to help drive forward research:
      1. Organisational change and service redesign – Louise Lidbury
      2. Nursing roles
      3. Skill mix – Paul Labourne & Adrian Jones   
         Update: Adrian Jones is contacting Paul Labourne to take forward.
      4. Evidence and outcomes – Judith Carrier
      5. Education and development
      6. Long-term care – Sherrill Snelgrove  
         Update: Will look to increase links with research community and develop a strategy
      7. Occupational health
      8. Patient safety – Sue Jordan (medicines focus, possible to link in with infection control)
      9. Patient and user perspectives
   3. Noted: It makes sense to link the themes to Board/Network members already active on the respective area.
   4. ACTION: Judith Carrier to contact Adrian Jones regarding systematic review training and development of the research project.
3. **Next CNRS Conference**

Community Nursing Research Strategy Conference planning

* 1. Target audience? Broad last time – any research active nurses (service development & research); Practitioner level? Reach?
  2. Possible to launch primary care plan/framework to explain why is this important. Also ties with CNO priorities, framework & research focus. Innovation in practice and career development.
  3. ACTION: CW to consider potential dates in early 2018 (e.g. before or after Easter), and take forward over the next quarter.

1. **AOB**
   1. **[Joanna Briggs Institute Comprehensive Systematic Review training](https://www.cardiff.ac.uk/research/explore/research-units/wales-centre-for-evidence-based-care)**

JBI Comprehensive Systematic Review (CSR) Training Program is designed to prepare researchers and clinicians to develop, conduct and report comprehensive systematic reviews of qualitative and quantitative evidence, following the [Joanna Briggs Institute approach](http://joannabriggs.org/jbi-education.html#educationHome) and using the [Joanna Briggs Institute SUMARI software](http://joannabriggs.org/sumari.html).  
**Dates: 4th September 2017** – potential to make places available to CNRS network members. 5 days full training (1 day intro, 2 days qualitative, 2 days quantitative) – opportunity for free places, first come, first served. Helping to develop research capacity.

1. **Date of next meeting:**
   1. Wed, 19th July 2017, 14:00-16:00, University of South Wales
   2. Wed, 25th October 2017, 14:00-16:00, University of South Wales

Venue: University of South Wales, Lower Glyn Taf Campus (Room to be confirmed).  
Directions: http://findaroom.southwales.ac.uk/rooms/